



Psalm 46 – Finding Security

Small Group Questions

Pray for God's help as you turn to look at His word, to understand and respond rightly to what you'll see.

Read through the passage and then discuss these questions together.

1. What things can leave us feeling *insecure*?
2. What things can leave us feeling *secure*?
3. Describe the contrasting scenes between vv2-3 and vv4-5.
4. How can the *future* described in vv8-10 affect the *present* experience of the Christian today?
5. How then would you help a struggling Christian who said, "Christians aren't safe from danger and suffering, so how are we any more secure than anyone else?"
6. You're speaking with a non-Christian friend who has just lost their job / a loved one / a relationship. How might you share with them something of the hope held out in this psalm? What could you sensitively say? Are there ways you could speak helpfully of your own experience of God's "ever-present help in trouble"?
7. Is *God* your refuge? Or is something else? What things would help us know?

The hymn 'How firm a foundation' concludes with these words of comfort:

*The soul that on Jesus hath leaned for repose,
I will not, I will not desert to its foes;
that soul, though all hell should endeavour to shake,
I'll never, no, never, no, never forsake.*

8. How can we help ourselves and each other to find our refuge in God, the only refuge that "will not fall"?

Respond to God's word in prayer

Take some time to pray for each other

Our desire for small groups is that they would help us be a "people who are in the process of having their lives turned inside out and upside down by the progressive work of transforming grace."

(Taken from Lead by Paul Tripp, p42)